

## 2006-07 anti-aging + enhancement guide

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## MÉDECINE ESTHÉTIQUE DR. YVES HÉBERT

### Dr. Yves Hébert

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Want a facelift but not prepared to deal with surgery and potential scarring? Thanks to new developments in cosmetic enhancement, both are becoming less of a concern.

Dr. Yves Hébert, head of the Médecine Esthétique Dr. Yves Hébert in Montréal, thrives on making accessible the latest technologies and best quality of care in the field of aesthetic medicine.

His practice now provides the Contour ThreadLift, a minimally invasive procedure with effects similar to a facelift. The ThreadLift elevates and repositions skin on the face with wires that are inserted under the skin without incisions. The procedure is about an hour on average and there is minimal discomfort, bruising or swelling.

“This technique gives very beautiful results between resurfacing laser treatments and facelift surgeries, therefore it is ideal for the patient who does not want surgery,” explains Dr. Hébert. “A Contour ThreadLift can, depending on the patient’s age, last from three to five years or more. As well, over time, the threads can be gently tightened for added support, or additional threads added as needed.”

Subtle, natural-looking results include lifted eyebrows, cheeks and mid and lower face.

A graduate of the University of Montréal, Dr. Hébert has worked in aesthetic medicine for over 20 years. He distinguishes himself by his realistic and respectful approach to the needs of his patients. Respect and quality are the philosophical cornerstones of his practice.

**DISCLAIMER:** The information contained in the Treatments & Tips portion of the Elevate Anti-Aging and Cosmetic Enhancement Guide is an overview. It will give you an idea of the depth and breadth of what can be achieved through many procedures. However, the only way to determine if you should have surgery and what the right procedure is for you is to consult with a medical specialist in that specific field. These specialists have the experience and knowledge to help you determine the solution that is best for you.